



Your Five Moments For Hand Hygiene


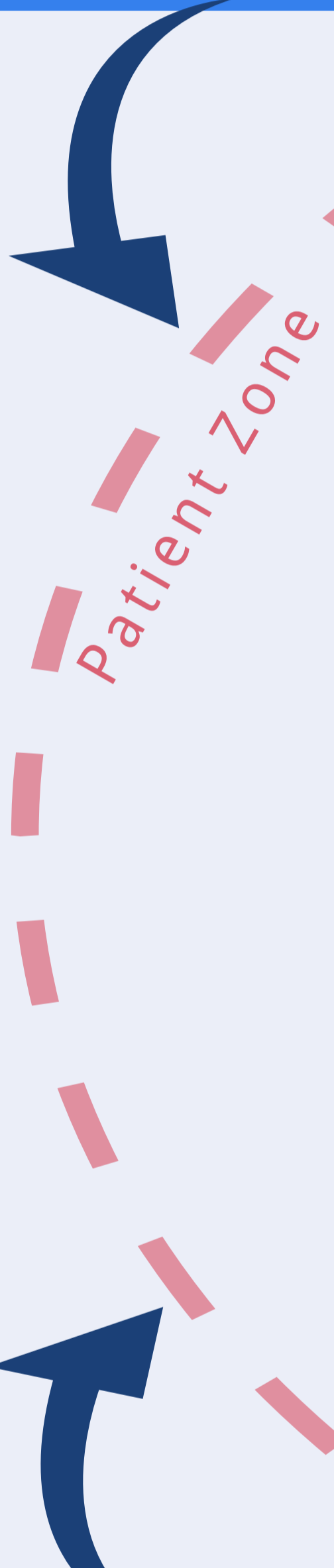
1 UPON ENTRY into the patient zone / room, before touching the patient.

2 Before clean or aseptic procedures.

3 After body fluid exposure.

5 UPON EXIT regardless if contact with the patient or environment occurred.

4 UPON EXIT from the patient zone.



Always perform hand hygiene right after entering and exiting a patient zone/room.

The five moments of hand hygiene are the critical moments when healthcare workers must perform hand hygiene during patient care. Please #TakeaMoment to wash your hands as often as needed—**it saves lives.**

